

2026 Community Breakfast Table Captain FAQs

*Guest lists are due by Oct. 15
Contact us at 719.473.8477 or breakfast@namicos.org*

Is the event free?

Yes, the NAMI Colorado Springs breakfast is free to attend. However, it is a fundraising event, and guests will be invited to make a contribution during the program. The generous donations from this event help fund no-cost support groups, education and advocacy programs for local people throughout the year.

How do I become a table captain?

Preferred option: [Register to become a table captain here!](#) When you register as a table captain, you will automatically be registered for a full table of 10 (yourself + 9 guests). You do not need to have your guest list finalized before registering; you'll have until Oct. 15 to submit that.

Other options: call our office at 719.473.8477 or email us at breakfast@namicos.org.

I don't know who is attending yet—can I still reserve a table?

Yes! When you register as a table captain, you automatically reserve a table of 10. Guest lists are due by Oct. 15, 2026.

Who should I invite?

As a table captain, please consider inviting individuals who would value learning about our work and who may be in a position to partner with us through their time, influence, or financial support.

When I know who's coming, how do I submit my guest list?

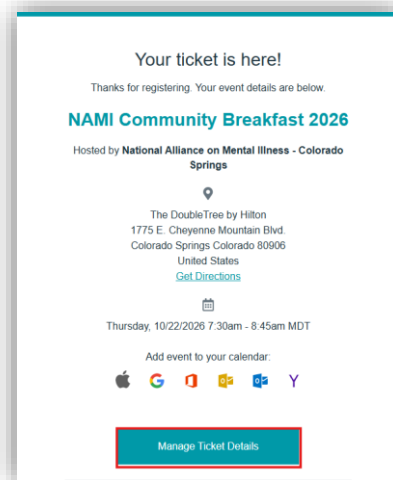
You can submit your guest list in three ways:

1. Through your ticket email that you received upon registration using the "Manage ticket details" button
2. Email your guest list to breakfast@namicos.org
3. Call our office at 719.473.8477

Please include full names, email addresses, dietary restrictions, and any accommodation needs. All guest lists must be submitted by Oct. 15.

Can I submit my guest list via phone or email?

Yes. While submitting your guest information through your ticket email is preferred, you may also email breakfast@namicos.org or call 719.473.8477. Please provide us with your guest full names, email address, dietary restrictions, and any accommodation needs.



*Screenshot of the ticket email.
"Manage ticket details" to edit
attendees.*

Do I need to submit email addresses for each guest?

Email addresses are not required, but they are highly beneficial so guests can receive event updates directly. If you do not provide emails, you will need to communicate event details to your guests.

How many people can I invite? How many people fit at a table? What if I need more than one table?

Each table seats 10 people. You can select to register yourself for more than one table when you register as a table captain. If you need additional seats after you already registered, please contact us at 719.473.8477 or breakfast@namicos.org and we will do our best to accommodate your group.

What if I don't recruit enough guests to fill the table?

Don't worry, we will have plenty of individuals coming who do not have a table captain. We'll seat some of these folks at your table and take care of communicating with them ahead of time.

Where will my table be? How will I know where to find my table at the venue?

Table assignments will be emailed the week of the event. Providing guest email addresses ensures your guests receive this information directly. If you did not submit email addresses for your guests, you will need to communicate the table number to them. Submitting your guest list by Oct. 15 helps ensure accurate seating.

We will have maps of the ballroom labeled with table numbers for easy wayfinding at the event.

Do I need to check in when I arrive at the breakfast?

If you know your table number, you're welcome to head in and enjoy the event. There will be signs to help direct you to your table, and we will have an Information & Assistance table if you need anything.

What do I need to do during the breakfast?

A table captain packet will be provided to you at the breakfast with all your materials for the event. Essentially, your role will be to welcome and support your guests; to hand them pledge cards when prompted; to collect the cards when completed; and to give them to a NAMI staff member at the very end of the event.

What about dietary restrictions and accommodations?

You can communicate any dietary restrictions or accommodation needs upon registration. Please note: The primary meal served by the DoubleTree staff is gluten-free and dairy-free by default.

Will there be options to donate online?

Yes! You can [donate online here](#). We will have a large QR code on the screen during the "ask" at the end of the event that will allow for smartphone donations. There will also be QR codes on the individual pledge cards. Our online donation processor accepts Apple Pay, Google Pay and PayPal. We also gratefully accept cash and checks.

If you have any other questions or concerns, please don't hesitate to reach out at breakfast@namicos.org or call us at 719.473.8477.