

# ANNUAL REPORT

2024



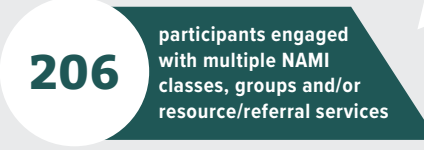
Rain couldn't dampen spirits at the 2024 NAMI Walks Mental Health & Wellness Fest at Panorama Park.

## EVERY NUMBER TELLS A STORY

In 2024...



\*Per Independent Sector's 2024 valuation of 1 volunteer hour = \$33.49 in value



**100%** of support group participants, and 95% of class graduates, reported that NAMI programs helped them

Dear supporter,

NAMI Colorado Springs hit a number of milestones in wrapping up its 41st year. This 2024 Annual Report offers a snapshot.

From the number of people served with our growing portfolio of peer programs, to our talented staff and dedicated board, NAMI is solid and sustainable. We never take for granted how we got here: With the support of funders and nonprofit partners who believe in our work as much as we do, and donors — both established and emerging — who are committed to making sure that no one flies solo when dealing with a mental health issue. They know, as we do, that compassion, education and a community of support make mental health recovery possible.

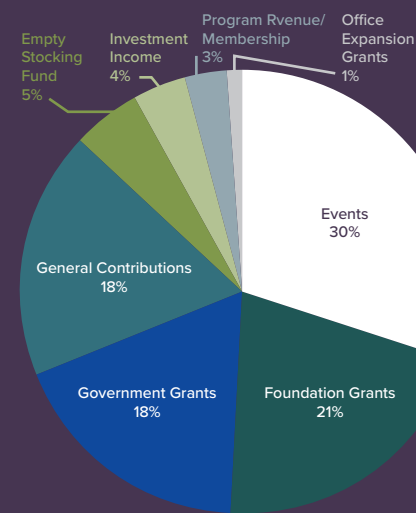
As we transition NAMI's board and staff leadership in 2025, we're grateful to have had time to make these important changes with thoughtfulness and grace, and with those we serve always at the heart of our decisions.

With deep appreciation,

Lori, Kirk and Emily, NAMI's leadership team



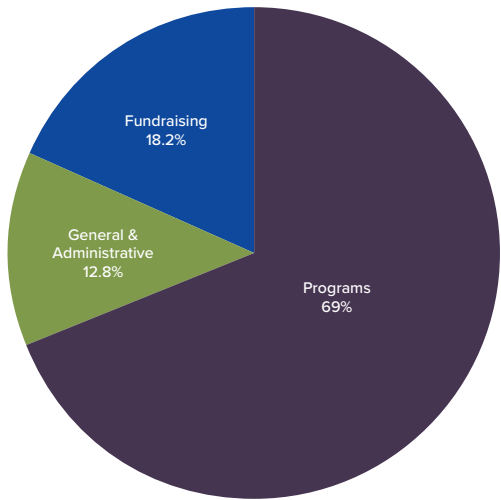
### Diversity of Revenue:



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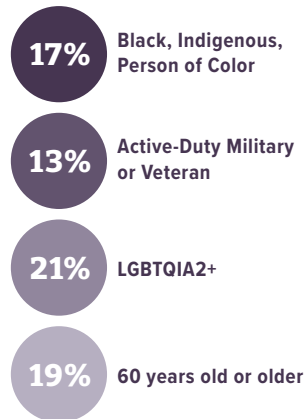
# EVERY NUMBER TELLS A STORY Continued

## How Funds are Used:



## The People We Served:

Based on a survey of 872 respondents



## THANK YOU

### To our staff and board

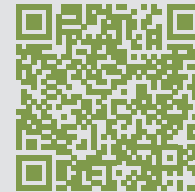
Thank you for making 2024 a year to remember. It was a year with big challenges and big successes, with every day a step forward in hope.

### To our supporters

Your generosity makes NAMI's work possible. Thank you.

For info on board members, staff members and our highest-level supporters and donors, please visit our new website at [namicoloradosprings.org](http://namicoloradosprings.org). There you can also find details on all of our classes, groups, presentations and trainings.

Share the impact and expand the community of NAMI Colorado Springs: Scan the code to access a pdf version to share with your friends and family.



## BUT NUMBERS CAN'T TELL THE FULL STORY

2024 was also notable for NAMI starting programs at PRISM Community Collective; opening some of its office space to RISE Southeast; transitioning board leadership from former El Paso County Coroner Dr. Leon Kelly to UCCS social work professor Dr. Monica Furey; and receiving feedback like this from program alumni.

**"We are not as begrudging toward the help we offer our son – our empathy has a new dimension."**

– Family-to-Family graduate

**"This presentation helped me to understand that I can not only accept my decades-old diagnosis, but [that] accepting it, facing it, and not turning away from it is really the key to recovery."**

– In Our Own Voice audience member

**"Thinking about mental health in a more understandable way; trying to recognize patterns in my speech that may not be helpful when a person is going through a fragile period of their life; to try to listen what the person is saying without bringing in any prejudices. These are what I aim to do."**

– Family-to-Family graduate



National Alliance on Mental Illness

Colorado Springs

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

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NAMIColoradoSprings @namicosprings

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## MISSION

NAMI Colorado Springs creates and cultivates a welcoming community of peers who educate, support and advocate for people and families living with mental health conditions.

## VISION

Anyone who struggles with a mental health condition can find support, treatment, healing and greater well-being in a community that's free from stigma.